

## Stay Connected

Email: [office@TrinityPG.ca](mailto:office@TrinityPG.ca)  
Office Phone: 250-563-9167  
Web: [www.TrinityPG.ca](http://www.TrinityPG.ca)  
Facebook: @trinityucpg  
Livestream: [www.trinitypg.ca/pages/live-stream](http://www.trinitypg.ca/pages/live-stream)

Sign Up for TrinityPG Announcements, e-letters, and newsletters using a communication card or [www.trinitypg.ca](http://www.trinitypg.ca)

## PARTICIPATING IN WORSHIP LEADERSHIP TODAY:

*Worship Leader – Rev. Dr. Bob Fillier; Worship Assistant – Judy Thomas; Pianist – Vic Steblin; Choir Director – Erica Skowron; Associate Choir Director – Diane Kjørven; Adult Choir; Digital Ministry – Rebecca Fillier and John Neumann*



## Lectionary Home

Luke 1:47–55;  
Psalm 80:1–7;  
Hebrews 10:5–10;  
Luke 1:39–45, (46–55)



Trinity United PG is proud to be part of the United Church of Canada which ministers to close to 3 million people in 3,500 congregations across the country. (For more information about the United Church visit its website: [www.united-church.ca](http://www.united-church.ca))



Through our gifts we commit ourselves to live out the mission and ministry of the church. Please give generously to the Mission and Service Fund to make this possible.



TrinityUCPG is an accredited member of Affirm United and seeks to create safer spaces for all gender identities, expressions, and orientations through our words, actions, and advocacy.

**Ways to Stay Connected** - There are several ways we can stay connected with one another. [www.Trinitypg.ca](http://www.Trinitypg.ca) and our Facebook page @TrinityUCPG are the two main ways. If you click on the “Spirituality” tab on our website you’ll find our worship archive and evening prayer archive.



Trinity United is a community founded on the values of *inclusive fellowship, living faith, and joyful service*. Everyone is *wanted, accepted, and included*.

We hope that your worship experience will feed you and challenge you on your faith journey. We project everything you will need to participate in worship.

**Visitors and Newcomers** – please email us if you would like to be placed on our mailing list and/or email list.  
[office@trinitypg.ca](mailto:office@trinitypg.ca)

Lead Minister: Rev. Dr. Bob Fillier  
Office Assistant: Erica Skowron  
Choir Directors: Erica Skowron & Diane Kjørven  
Accompanists: Vic Steblin  
Trinity Kids: CJ Klitch  
Worship: Marion Bartlett  
Digital Ministry: Rebecca Fillier  
Trinity Downtown: Tom Hynd  
Office Email: [office@TrinityPG.ca](mailto:office@TrinityPG.ca)  
Office Phone: 250-563-9167



**Sunday, December 22, 2024 - 10:00 AM**  
**Theme: Advent 4 – Hope Is Worth the Risk**

† indicates stand as you are able

MV = More Voices

**Bold** indicates participation by the people

VU = Voices United

## PRELUDE

**WELCOME & TERRITORIAL ACKNOWLEDGEMENT**

**LIFE & MINISTRY** (Announcements)

**THE PEACE OF CHRIST SHARED WITH ALL**

**LEARNING AND SPEAKING PEACE – Lheidli Dakelh**

**CALL TO WORSHIP** (Responsive)

**CANDLES OF ADVENT – Love**

**SUNG RESPONSE:** Hope is a Star (Verse 1-4) **VU#7**

**PRAYER FOR RECONCILIATION AND HEALING** (Responsive)

**EMBRACING GOD'S LOVE AND GRACE** (Responsive)

**SACRAMENT OF BAPTISM**

† **HYMN:** *Joy to the World* **VU#59**

**TRINITY KIDS:** Christmas Story

**HOLY QUIET**

**AFFIRMATION OF FAITH** (Unison)

† **HYMN:** *O Come, All Ye Faithful* **VU#60**

**PRAYERS FOR OTHERS, OURSELVES, AND THE WORLD**

**SHARING OUR GIFTS FOR MINISTRY**

**OFFERTORY PRAYER** (Unison)

† **HYMN:** *Once in Royal David's City* **VU#62**

† **COMMISSIONING & BENEDICTION**

† **HYMN:** *I am Walking a Path of Hope, Peace, Joy & Love* **MV#221**

**POSTLUDE**



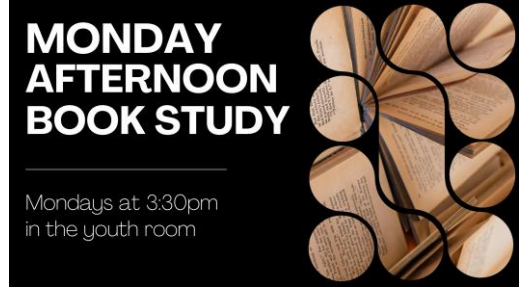
**CHRISTMAS EVE**  
Kids, Carols and Chaos:  
30min worship experience  
with kids under 5 in mind  
Dec.24th | 4pm



**A Different Way to Donate**  
With the Canada Postal Strike, help ensure your year-end donations are received by considering a different way to donate this year. You can donate electronically through e-transfer to [bookkeeper@trinitypg.ca](mailto:bookkeeper@trinitypg.ca) or through CanadaHelps, all of the ways to donate are on our website.



**Christmas Eve**  
Family Service  
Dec. 24th | 7pm



**MONDAY AFTERNOON BOOK STUDY**  
Mondays at 3:30pm  
in the youth room



**Christmas Eve**  
Candlelight Communion  
Dec. 24th | 10pm



**Chair Yoga**  
FRIDAYS | 11:15 -12NOON  
FELLOWSHIP HALL | BY DONATION  
DONATIONS GO TOWARDS  
CAMP SPIRIT



JOIN US FOR  
**CAROLS,  
LESSONS...  
AND BACON!**  
WORSHIP AT  
TRINITY DOWNTOWN  
(1448 5TH AVE)  
DEC. 29TH AT 10AM



TRINITY UNITED CHURCH IN PARTNERSHIP WITH:  
**A.C.E FOOD CUPBOARD**  
DON'T FORGET YOUR A.C.E DONATIONS  
FIRST SUNDAY OF EVERY MONTH

**Soup Kitchen** – second Sunday of the month

**A.C.E.** – donations of non-perishable food is collected for A.C.E. on the first Sunday of the Month.



# PRACTICAL TECHNIQUES FOR INNER PEACE

- Techniques for:
- Emotional awareness
  - Unruly emotional hijacking
  - Unsupportive illogical thought patterns
  - Finding inner silence
  - Hearing the Holy Spirit
- Via teaching, books, group discussion, guided meditation, journaling /contemplative prayer, homework



**8 Week course at Trinity United**  
**Tuesdays 9:30 -11:00 am**  
**Jan 7 - Feb 25 2025**  
In person / zoom  
Cost:\$100.  
Plus approx. \$85 book cost  
Proceeds to Trinity for room rental and Outreach program

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